

## Food Banks

- **GOLDEN HARVEST FOOD BANK**

803.648.0752  
13 Enterprise Avenue, Aiken  
[www.goldenharvest.org](http://www.goldenharvest.org)

**Serving the counties of:** Abbeville, Aiken, Allendale, Anderson, Bamberg, Barnwell, Edgefield, Greenwood, McCormick, Oconee and Pickens

- **HARVEST HOPE FOOD BANK**

803.254.4432  
220 Shop Road, Columbia  
[www.harvesthope.org](http://www.harvesthope.org)

**Serving the counties of:** Calhoun, Chester, Chesterfield, Clarendon, Darlington, Dillon, Fairfield, Florence, Greenville, Kershaw, Laurens, Lee, Lexington, Marion, Marlboro, Newberry, Orangeburg, Richland, Saluda and Sumter

- **LOW COUNTRY FOOD BANK**

843.747.8146  
1635 Cosgrove Avenue, Charleston  
[www.lowcountryfoodbank.org](http://www.lowcountryfoodbank.org)

**Serving the counties of:** Beaufort, Berkeley, Charleston, Colleton, Dorchester, Georgetown, Hampton, Horry, Jasper and Williamsburg

- **SECOND HARVEST FOOD BANK - METROLINA**

704.376.1785  
500-B Spratt Street, Charlotte, NC  
[www.secondharvestcharlotte.org](http://www.secondharvestcharlotte.org)

**Serving the counties of:** Cherokee, Lancaster, Spartanburg, Union and York

## SCDSS Nutrition Assistance Programs

- The Child and Adult Care Food Program
- The Summer Food Service Program
- The Afterschool Snack Program
- The Emergency Shelters Food Program
- The Food Stamp Program
- The Commodities Program



Photos: Ken Hammond, USDA

South Carolina Department of Social Services

OUR MISSION IS TO REDUCE HUNGER AND FOOD INSECURITY BY ENSURING ACCESS TO FOOD, A MORE HEALTHFUL DIET AND NUTRITION EDUCATION FOR CHILDREN AND LOW-INCOME FAMILIES. NUTRITION ASSISTANCE PROGRAMS BUILD A STRONG FOUNDATION TO HELP FAMILIES EAT BETTER, LEARN BETTER, AND EARN BETTER.

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### THE COMMODITIES PROGRAM

DSS Brochure 3351 (NOV 08)  
Edition of JUN 08 may be used until supplies are exhausted.

### THE COMMODITIES PROGRAM

## The Goal

The goal of the Commodities Program is to make emergency food available in your area of the state.

- Food is given to local pantries to provide to people in need in the community.

## How do Food Pantries receive Commodities?

- Your organization may become a pantry if you are a public or private non-profit tax exempt agency.

*(Ex: Soup kitchens, Senior centers, Churches, Homeless shelters)*

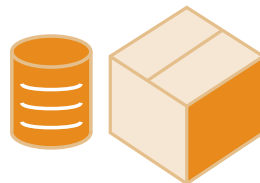
## How do I start or find a Food Pantry in my area?

- For details on starting a food pantry or to locate an existing food pantry in your area:
- Contact the area food bank serving your county (see listing) or
- Visit the SCDSS Family Nutrition Programs website at [www.healthyhelpings.org](http://www.healthyhelpings.org)

## What are Commodities?

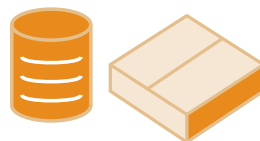
- Commodities are food items that are donated to our state by the United States Department of Agriculture (USDA)
- Commodity foods help supplement the diets of limited income people by providing them with food and nutrition assistance during times of need.

### Commodity Foods:



**Fruits** *Canned, Dried and Fresh*  
Fruit Juices

**Vegetables** *Canned and Fresh*



**Meat, Poultry, Seafood** *Canned and Frozen*  
Beef, Chicken, Turkey, Pork and Tuna

### Other Commodities

*Cereals, Pasta Products, Rice, Grits, Peanut Butter and Nonfat Dry Milk*

**Note:** These are some of the foods that are available under the Commodities Program. The United States Department of Agriculture (USDA) determines the availability of foods.

## Who is eligible for Commodities?

- Anyone who meets the federal poverty guidelines.
- Anyone currently receiving:
- Food Stamps
- Family Independence (FI) benefits
- Supplemental Security Income (SSI)

